

Protecting Children from Abuse During COVID-19

Join the #CommunitySafetyNet



Create Space

to talk with children and show you're interested in how they're doing.

Coping

Teach children how to identify their feelings.

bit.ly/2xnW3Qj

Online Safety

Establish a family online safety agreement. Review app privacy settings together.

bit.ly/2VldOYB

Body Safety

Teach children about their bodies and safe vs. unsafe touches.

bit.ly/3caE2Un

START with these 4 skills

then add to your net!

Click the bit.ly links to learn more.

Learn the Signs

of child abuse.

bit.ly/2V0pLUv

Know how to Respond

if you suspect abuse.

bit.ly/2K05OXU

Talk About It

Talk with children about safety.

bit.ly/3caE2Un

Seek Help

Call the 24/7 Child Protection Hotline (1-800-792-5200) if you suspect abuse. bit.ly/34rBi2u

Check In

Reach out to a parent and ask them how they're doing. We're all in this together.

Social Network

Join an online support group or community cafe, or call friends & family.

bit.ly/2y9wQZU

Self Care

This is a stressful time. Find time to take care of yourself, even in small ways.

bit.ly/2V23hCI

Show Support

Add our banner, filter, or frame to your email signature, profile pic, or cover photo.



Visit www.suffolkcac.org/support-resources/communitysafetynet to be counted as a member of the Net!