

# STOP BLOCK AND TALK



Do you use SnapChat and Instagram??

Do you play Fortnite, Halo or other games??

We want you to have fun, talk to your friends and stay safe while using your games and apps on all your devices!



## SO PLEASE READ AND REMEMBER:

# 1

If someone asks you for something personal like where you live – **STOP**. If someone asks you for a picture or tells you to take a video of yourself and send it to them – **STOP**. If someone is being rude, says something mean to you or calls you names – **STOP**. Don't reply and don't call them names back. And if you feel like being mean to someone yourself – **STOP**.



If you are playing a game or chatting with someone and they keep asking you the same questions that you don't want to answer – **BLOCK**. If you are talking or playing a game with someone and they are making you mad, sad or uncomfortable – **BLOCK**. If someone is threatening you or tells you they will do something to embarrass or hurt you – **BLOCK**.

# 2

**You don't ever need to feel bad about blocking someone who does these things.**

# 3

And if whatever happened bothers you or makes you feel worried – **TALK** to someone you trust. If you don't know what to do – **TALK** to a friend or trusted adult. And if you are worried about a friend who is doing something unsafe – **TALK** to someone you trust about it.



# STOP BLOCK AND TALK

Take a picture of this page so you always have it!



@StopBlockTalk on Instagram and Snapchat

[www.suffolkdistrictattorney.com](http://www.suffolkdistrictattorney.com) / 617-619-4300

[www.suffolkcac.org](http://www.suffolkcac.org) / 617-779-2146



**CRISIS TEXT LINE– Text HELLO to 741741**

*24/7 help and support for people in crisis.*

**TEEN DATING ABUSE HELPLINE: 1-866-331-9474**

*Speak with peer advocates about dating, relationships and abuse.*

**NATIONAL SEXUAL ASSAULT HOTLINE: 1-800-656-4673**

*Get help and referrals from advocates.*

**NATIONAL SUICIDE PREVENTION LIFELINE: 1-800-273-8255**

*Free confidential support for people in distress and prevention and crisis resources.*

**TREVOR LIFELINE: 1-866-488-7386 /Text START TO: 678678**

*A crisis and intervention and suicide prevention line for LGBTQ youth.*


**To Report Online Abuse or Exploitation**

**CybertipLine:**

**1-800-843-5678**

**[www.cybertipline.com](http://www.cybertipline.com)**



You can also click: "Get Help"  "Is your explicit image out there?" for help with getting pictures removed from specific sites.